

The LawFit Career Assessment: Predictive Career Planning

We are excited to offer you a quick-and-effective way to strengthen your job search this year!

The **LawFit® Career Assessment** is a scientifically based, online self-assessment customized to help law students make better career decisions including:

- **Identifying career starting points** by narrowing your potential career options from an overwhelming number to a more manageable number of law practice area choices AND general careers that match your natural preferences and interests.
- **Making your career counseling time more clear, efficient, focused and productive** by identifying your values, motivators and preferred work environments in addition to legal practice and general practice areas -- in an organized format.

First Steps: Login from a SECURED password-protected WiFi NETWORK (not a public WiFi).
Use your LAW SCHOOL email address, to avoid non-delivery of your report.

Use the link and Master Code or your individual alpha-numeric code below to access **LawFit®**

Web Link: <https://www.lawfit.com/>

Individual Code: [Email lawcareer@syr.edu for a code]

VIP TIPS!

1- Take **LawFit** in **ONE** sitting! Go with your first impressions: it should take 25-35 minutes.

2- **WRITE DOWN** your **LOGIN ID** number when you start, in case you get interrupted.

3- You can stop and login again with your unique LOGIN ID number. BUT, due to the integrity of the assessment, you cannot go back and change your answers once you've begun.

Your individual LawFit Report will come via return email and will include:

1. Your matches with 25 Legal Practice Areas
2. Your matches with 12 General Career Areas
3. A profile of your Work Values and Motivators
4. A profile of your Preferred Work Environment
5. Descriptions of 25 Legal Practice Areas
6. Descriptions of 12 General Careers
7. Tips: How to Use Your Results

Next Step: Come in for Coaching!

As soon as you complete the self-assessment, your custom report will be generated. We STRONGLY encourage you to set a time for us to debrief your profile together.

If you want details about **LawFit**, please check their website: <https://www.lawfit.com>.

We look forward to your feedback -- and hope you will enjoy using **LawFit** to strengthen your job search!

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Why LawFit?

Take advantage of predictive science to clarify your practice area matches, work values and interests EARLY. Use it to become Strategic, Focused & Efficient and Confident & Energized. This is the way you want to feel before important employer meetings -- and interviews!

Be STRATEGIC, not SUBJECTIVE! *Students who have taken **LawFit** say that it helped them to clarify their practice area and/or general career interests EARLY in their law school career. **LawFit** allowed them to be strategic, choose elective courses, target experiential opportunities and seek internships/externships and pre-/post grad jobs that are aligned with their talents.*

Be FOCUSED & EFFICIENT: IDENTIFY YOUR BEST CHOICES! *Students and career advisors understand that using **LawFit** adds 'predictive science' to the process of identifying matches with career path and preferred work settings. Having this information helps you focus on the work options where are you most likely to succeed and be productive, pre-job-offer or in terms of selecting summer practice rotations. You can work smarter if you are able to narrow your options from an overwhelming number to a more manageable number of choices that match your natural preferences and interests. **LawFit** allows you to identify likely career choices, not just experiment!*

Be CONFIDENT & ENERGIZED! ***LawFit** can help you build confidence – a great source of support as you navigate law school and your job search. NOT knowing what areas might be a good fit can be anxiety-inducing! The assurance that you are headed in the right direction based on matches with your true interests can energize you in your search, give you confidence and a feeling of being in control. **LawFit** allows you to be curious about careers that are likely to suit you.*

How Should You Use Your LawFit Report?

Immediately after taking **LawFit**, you/your Career Office will receive a copy of your report. Did you answer quickly and HONESTLY? Was it an accurate reflection of you? Scan for the following:

Career Matches (pp. 3-5) Matches with law practice areas and general careers can tell you a lot!

Values/Motivators and Work Environment (pp. 6-8) These are revealing! A good match makes it likely you will be both successful and happy in your work; other matches mean you will have to sacrifice to 'fit in' which may be OK if you need to go for a high-paying job that doesn't match you.

Law Practice Area Descriptions (pp. 9-22) Review your strongest matches, test your preferences.

General Career Descriptions (pp. 23-25) Review your top matches and reflect on values, motivators

How to Use Your Results (pp. 26-28) Refine your thinking and gather more info re: networking and interview strategies.

Resources – Ask your Career Office for a list of credible career resources. Beware of hearsay ...

Testimonials – A separate list of testimonials about **LawFit** from law schools is available. *Enjoy!*